



INTERNATIONAL
VOLUNTEER YEAR 2026

国际志愿活动 灵感工具包

International Volunteer
Activity Inspiration Toolkit

Simpl. Vers.

International Volunteer Activity Inspiration Toolkit Description

Dear friends of the volunteer organization,
In order to celebrate the arrival of the United Nations International Volunteer Year in 2026, we have produced this set of International Volunteer Inspiration Kit (B package). In the process of tool development, we have learned from the methods and ideas of the International Day of Good Deeds, and hope that you can take this opportunity to change the world with kindness.

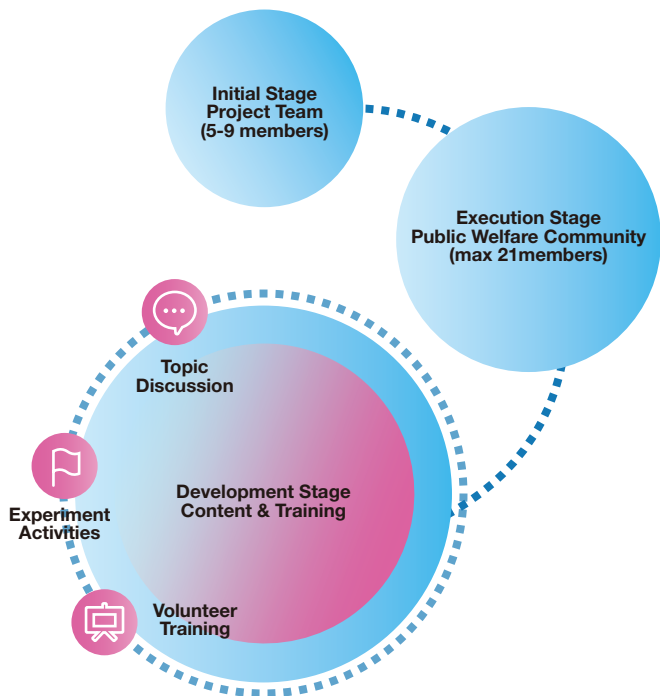
2. Firstly, we can choose to find topics and project cards that interest us.



2. Next, you can establish a project experimental group with your partners, and ask the laboratory leader to form a project member group.



3. Provide project trial cards within the community, which contain activities and series of project content.



Thanks:

Public welfare partners who participated in the editing and production of this card, Liu Xin, Ma Chengwen, Teng Yun, Yu Jie, Jiang Hao hao, Chen Xiaoshan

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Experiment code :

Operational index ★ ★

Volunteering skills

Possess planting skills

Client

Low-income farmers

Project Brief Introduction

Social Issues:
Poverty
alleviation and
reduction

Partners who are skilled in planting techniques can go to rural farms to teach low-income farmers how to plant high value-added crops (such as organic vegetables and specialty fruits), and help them to connect with buyers.





Experiment code :

Operational index ★

Volunteering
skills

Willing to participate

Client

Vulnerable groups

Project Brief
Introduction

Social Issues:
Poverty
alleviation and
reduction

By providing 'happiness packages' to vulnerable groups , we can support them and provide daily necessities for those who need them the most.

1. Choose the people you want to help in the community.
2. Distribute 'happiness packages' to them, whether it's food baskets, hygiene kits, or interesting books and magazines.





Experiment code :

Operational index ★ ★ ★**Volunteering skills**

skilled in communication

Client

Vulnerable groups of refugees

Project Brief Introduction

Social Issues:
Poverty
alleviation and
reduction

Visiting immigration/refugee centers established for vulnerable groups of refugees, bringing them help and services, we can:

1. Find out if there are refugee camps in your city.
2. Gather a volunteer team and develop a plan.
3. Invite doctors, dentists, and nurses to participate.
4. Contact the campsite manager to determine basic needs.
5. Contribute to the construction of sustainable shelters, sanitation facilities, and provide physical examinations for adults and children.





Experiment code :

Operational index ★ ★ ★**Volunteering skills**

Skilled in subject tutoring

Client

Adolescents from impoverished families

Project Brief Introduction

Social Issues:
Poverty
alleviation and
reduction

Inviting a few partners to team up and visit children and students from impoverished families, we can:

1. Tutoring their homework
2. Teach them painting, read with them, etc
3. Play games and do sports with them
4. After planning, it can be conducted regularly, such as twice a week or during winter and summer vacations

International Public Welfare Visit Program

Twice a Week

Special Activities for Winter and Summer Vacations





Experiment code :

Operational index ★ ★

Volunteering skills

skilled in communication, and experienced in building repairs

Client

Vulnerable groups of elderly residents

Project Brief Introduction

Social Issues:
Poverty
alleviation and
reduction

Assist elderly residents or low-income families in your area in renovating their homes.

1. Find families who need to renovate their homes.
2. Contact social security or organizations specializing in renovation to see where you can provide assistance.
3. Gather a group of volunteers.
4. Obtain the paint, brushes, and other tools you need according to your household needs.
5. Organize and repair the house to make it look brand new!

International Loving House Renovation Plan

Helping low-income families warm their homes





Experiment code :

Operational index ★

Volunteering
skills

Willing to participate

Client

Hungry people

Project Brief
Introduction

Social Issues :
Poverty
alleviation and
reduction

Encourage your local coffee shop to pay with a cup of coffee

Join the passion for coffee and spread the beauty to strangers through a cup of gift. You can:

1. Print the "Charity Day & Discovery Coffee" card.
2. Place it in the coffee shop window or next to the cash register so that everyone can see it.
3. Promote this good deed to local customers and encourage them to pay with a cup of coffee.





Experiment code :

Operational index ★

Volunteering
skills

Willing to participate

Client

Anyone

Project Brief
IntroductionSocial Issues :
Civilized Trends

Initiate a public welfare running activity, where caring enterprises donate 1 kilogram of food for every kilometer participants run. Volunteers are responsible for organizing the activity, counting the running mileage, and coordinating donations.

International Charity Run

Volunteer Service Point



Experiment code :

Operational index ★

Volunteering
skills

Willing to participate

Client

Anyone

Project Brief
Introduction

Social Issues :
Science and
Technology
Popularization

Launch competitions on campus and in communities to encourage residents and students to design promotional posters, showcase outstanding works in public places, and spread the concept of zero hunger.





Experiment code :

Operational index ★ ★

Volunteering
skills

Willing to participate

Client

Children

Project Brief
IntroductionSocial Issues :
Health and
Wellness

We can visit parents of infants and young children from impoverished areas to understand their daily parenting situation, provide them with methods for making complementary foods (such as vegetable puree and egg yolk custard), and distribute complementary food ingredient packages to improve the nutrition of infants and young children.





Experiment code :

Operational index ★ ★

Volunteering skills

Willing to participate

Client

Hungry people

Project Brief
Introduction

Social Issues :
Poverty
alleviation and
reduction

Many farms have surplus fruits and vegetables that can be donated to public welfare organizations in need.

1.Find a farm or orchard where farmers donate surplus crops.

2.Contact local organizations that can use harvested fruits and vegetables. Mutual aid kitchen and food bank are always a good choice.

3.Summon a group of volunteers to pick fruits and vegetables from orchards and fields, and farmers donate surplus crops.

4.Assist in packaging fruits and vegetables, and distribute the packaging to different organizations in your area.





Experiment code :

Operational index ★

Volunteering
skills

Making delicious food

Client

Anyone

Project Brief
IntroductionSocial Issues:
Civilized Trends

Spend quality time with your family while doing good for others.

Let your child choose between cooking a hot meal, baking cookies, or preparing sandwiches.

Help them find donation locations or partner with other organizations in your area.

Prepare and pack the food, along with uplifting notes written by the children.

Distribute the packages to the people of your choice.



03 Street side shops

GOOD HEALTH
AND WELL-BEING



Experiment code :

Operational index ★ ★

Volunteering
skills

Event organization

Client

Anyone

Project Brief Introduction

Social Issues:
Legal Services

Easily create your own street store.
Choose donation locations for people and let them carry clothes and shoes.
Collaborate with homeless organizations.
Find a suitable location for your store. The local community square or center is an excellent geographical location. If necessary, obtain permission to use public fences.
Hang up your poster rack, hang up your clothes, organize your shoes, and then open your store to those in need!





Experiment code :

Operational index ★ ★

Volunteering
skills

Proficient in using instant messaging apps, good at verbal communication, emotionally stable.

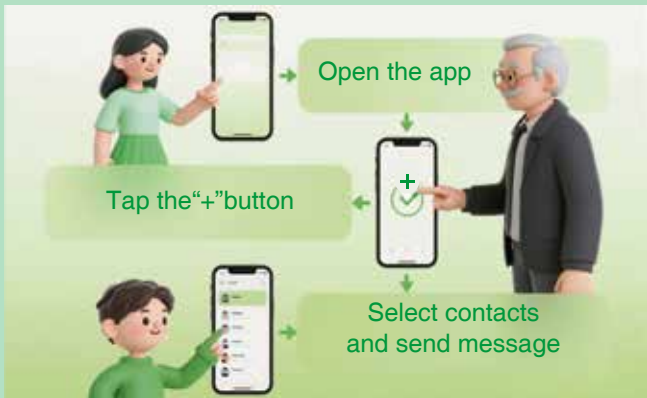
Client

Vulnerable groups, elderly people

Project Brief
Introduction

Social Issues:
Specail Groups

Instant messaging, as a widely used communication software nowadays, is the platform for most elderly people and their children to communicate. However, most people still cannot understand many functions. We hope to create warm and interesting tutorial cards to help more elderly people learn how to use them and easily achieve interesting communication effects.





Experiment code :

Operational index ★

Volunteering skills

Understand healthy lifestyles, have ideas, and be good at communication

Client

Community residents

Project Brief Introduction

Social Issues:
Health and
Wellness

Healthy Living Sharing Community for Young People
Promote the concept of healthy eating and living in communities, volunteer resource centers, or catering institutions that are willing to participate. At the same time, provide opportunities for customers with ideas and plans to become owners of the venue during certain periods, share their experiences of healthy living, such as healthy eating, fitness, cycling, ecology, agriculture, nature education, etc. Through interaction, establish interesting communities and form a virtuous cycle.





Experiment code :

Operational index ★

Volunteering skills

Willing to participate

Client

Anyone

Project Brief Introduction

Social Issues:
Civilized Trends

Find 5 inactive gentlemen and invite 5 lazy ladies to walk towards nature together.

Or invite 5 friends on the third day to heal together.





Experiment code :

Operational index ★ ★

Volunteering skills

Willing to participate

Client

People with reading disabilities

Project Brief Introduction

Social Issues:
Special Group

Teach children to treat each other well in school

1. Use one hour on school days to teach students how to treat each other well

2. Teach listening skills, discuss violent behavior among students, and promote the use of friendly language.

Barrier-free
reading
service

Customized
learning
experience



上学 / 工作 / 阅读资源库
School/Work/Reading Resource Library



Experiment code :

Operational index ★**Volunteering
skills**

Willing to participate

Client

Teenagers

**Project Brief
Introduction****Social Issues:
Special Group**

Teach children to treat each other well in school

1. Use one hour on school days to teach students how to treat each other well
2. Teach listening skills, discuss violent behavior among students, and promote the use of friendly language.

Kindness Classroom for Each Other



Experiment code :

Operational index ★

Volunteering skills

Service and Communication: Emotional Stability

Client

Elderly

Project Brief Introduction

Social Issues:
Specail Groups

For elderly people, carrying groceries can sometimes be difficult. Help them shop!

Gather a group of children or young people.

Find a market, supermarket, or shopping center to host your event.

Assist elderly shoppers in moving shopping bags. This activity can be expanded to include assisting with shopping carts in supermarkets and shopping centers, assisting with unpacking shopping at home, and rearranging the contents of refrigerators.





Experiment code :

Operational index ★ ★

Volunteering skills

Course training ; Project Introduction

Client

Anyone

Project Brief Introduction

Social Issues:
Science and
Technology
Popularization

Choose a United Nations Sustainable Development Goal and promote it in the local community. Browse the list of United Nations Sustainable Development Goals. Choose a sustainable development goal that is closest to your heart and most relevant to your community. Do an activity to raise awareness of your chosen goal and promote different ways in which the community can make it better - for example:

- for Goal # 3- Good Health and Well being - Collaborate with local hospitals for blood donation stations –
- for Goal # 4- Quality Education - Organize book events and donate books to local schools or organizations –
- for Goal # 15- Land Living - Plant trees with your friends to fight deforestation. The choices are endless!





Experiment code :

Operational index ★

Volunteering skills

Task card production ; Excellent communication and expression

Client

Children, Parent-child

Project Brief Introduction

Social Issues:
Civilized Trends

Accompany children's happy growth with heart, love, and time, and explore the human touch and fun of the vegetable market together with children. Explore the market through interactive task cards to gain new perspectives on daily observations. By participating in activities through family means, parents can inspire their children to become role models.



Parent-Child Market Exploration Journey

Task Card:

- Find three vegetables of different colors
- Chat with the vendor about a vegetable's story

Family Role Model Initiative:
Parents guide children to discover life's joys



Experiment code :

Operational index ★ ★

Volunteering skills

Skilled in expressing and communicating, with a lively and gentle personality

Client

Women

Project Brief Introduction

Social Issues:
Special Groups

To provide training on communication skills and decision-making abilities for female community leaders and workplace women, and to organize case sharing sessions as volunteers to enhance female leadership .





Experiment code :

Operational index ★ ★

Volunteering
skills

Skilled in expressing and communicating, with a lively and gentle personality

Client

Girls and their parents

Project Brief
Introduction

Social Issues:
Civilized Trends

Entering primary and secondary schools, volunteers explain self-protection knowledge for girls and their parents (such as preventing sexual assault), and use animations and stories to teach girls how to identify dangers and seek help.





Experiment code :

Operational index ★

Volunteering
skills

Willing to participate

Client

Anyone

Project Brief
IntroductionSocial Issues:
Civilized Trends

This is an activity advocating gender equality and opposing Implement and demonstrate the process of equal decision-making to children at home.

Equal Decision-Making Class

Step 1: Pose a question Step 2: Gather opinions Step 3: Vote to decide





Experiment code :

Operational index ★ ★

Volunteering
skills

Willing to participate

Client

Teenager

Project Brief
IntroductionSocial Issues:
Special Groups

Organize student debates on topics such as whether gender equality requires policy support bias and whether family responsibilities should be shared between men and women. Volunteers are responsible for organizing, guiding, and conveying the concept of equality.





Operational index ★ ★

Volunteering skills

Skilled in expressing and communicating, with a lively and gentle personality

Client

Women

Project Brief Introduction

Social Issues:
Special Groups

Assist women in underdeveloped regions to learn skills such as e-commerce operations, handicrafts, and agricultural product processing. Volunteers help connect with the market, apply for entrepreneurial subsidies, and support women's economic independence.

Volunteer assistance:
Connect with the market /
Apply for subsidies





Experiment code :

Operational index ★

Volunteering
skills

Willingness

Client

Anyone

Project Brief
IntroductionSocial Issues:
Health and
Wellness

Assist the community in investigating aging and leaking water pipes in old residential areas, record the location of "problematic water pipes", provide feedback to the property or water department, and promote replacement.





Experiment code :

Operational index ★

**Volunteering
skills**

Willingness

Client

Enterprise

**Project Brief
Introduction**

**Social Issues:
Environmental
Protection**

We can invite partners to visit factories and shopping malls together, investigate water usage, provide water-saving solutions for enterprises (such as recycling water and replacing water-saving equipment), and assist in connecting water-saving technology resources.





Experiment code :

Operational index ★

Volunteering skills

Willingness

Client

Persons with disabilities

Project Brief Introduction

Social Issues:
Civilized Trends

Conduct research on the accessibility facilities (such as handrails and ramps) of public toilets in urban and rural areas, record any missing or damaged information, and compile this information into a report for submission to relevant departments to promote renovation.





Experiment code :

Operational index ★

Volunteering
skills

Willingness

Client

Anyone

Project Brief
IntroductionSocial Issues:
Civilized Trends

Are some regions in your country unable to access clean water? If that's the case, this is the project that suits you!

1. Bring a few friends who are preparing for a long journey.
2. Fill buckets with clean water and carry them with you.
3. Visit a village without water and bring the water you collect to them.





Experiment code :

Operational index ★

Volunteering
skills

Willingness

Client

Vulnerable groups

Project Brief
IntroductionSocial Issues:
Health and
Wellness

Volunteers carry simple testing tools (pH test strips, turbidity meters) to test the quality of drinking water for residents in mountainous areas and areas with inconvenient transportation, record data, and provide filtering and boiling suggestions.





Experiment code :

Operational index ★ ★

Volunteering
skills

Willing to participate

Client

Residents

Project Brief
IntroductionSocial Issues:
Science and
Technology
Popularization

By collecting solar lights, we can deliver them to rural households with no or insufficient electricity, install them at home, and explain how to use them to solve the problem of nighttime lighting.





Experiment code :

Operational index ★ ★

Volunteering skills

Willing to participate

Client

Anyone

Project Brief Introduction

Do you have regular checks on the use of household appliances?

We can keep a record of the electricity consumption of household appliances,

It can also help families in need to check their household electricity usage together, provide energy-saving suggestions (such as replacing LED lights, adjusting air conditioning to 26 °C), distribute "energy-saving manuals", and calculate the difference in electricity bills before and after energy-saving.





Experiment code :

Operational index ★ ★ ★

**Volunteering
skills**

Willing to participate

Client

Residents

Project Brief Introduction

Social Issues:
Environmental
Protection

Promote clean energy in mountainous areas and villages, explain the advantages of solar energy (such as free and environmentally friendly) to local residents, showcase solar energy products with the theme of environmental protection and renewable resources (solar lights, solar water heaters), and assist them in connecting with discounted purchasing channels.





Experiment code :

Operational index ★ ★

Volunteering skills

Willing to participate

Client

Teenagers

Project Brief Introduction

Social Issues:
Science and
Technology
Popularization

Demonstrate solar powered cars and wind power models to students, volunteers explain the principles of clean energy, and organize a "Clean Energy Creative Production" competition (such as using solar panels to make small desk lamps)





Experiment code :

Operational index ★ ★

Volunteering skills

Willing to participate

Client

Anyone

Project Brief Introduction

Social Issues:
Science and Technology Popularization

There are often some household appliances that have minor problems at home, but many people do not know how to repair or properly sort out electrical waste.

We organize electrical maintenance volunteers to renovate old electrical appliances (such as installing energy-saving accessories) for residents on Earth Environment Day and Urban Environmental Protection Day, explaining the benefits of energy-saving renovation, reducing power consumption, scientifically classifying and recycling renewable resources, and protecting the soil environment.





Experiment code :

Operational index ★ ★

Volunteering
skills

Willing to participate

Client

Anyone

Project Brief
IntroductionSocial Issues:
Civillized Trends

Collect unused energy-saving appliances from residents (such as energy-saving desk lamps and electric heaters), disinfect and maintain them by volunteers, and provide them for free borrowing by community residents to reduce repeat purchases.





Experiment code :

Operational index ★**Volunteering
skills**

Willing to participate

Client

Couriers, sanitation workers

**Project Brief
Introduction****Social Issues:
Civilized Trends**

Thank you to your couriers and sanitation workers.

1. Leave snacks outside the door,
2. Allow couriers and sanitation workers to enjoy.
3. Thank you for their hard work over the past year!





Experiment code :

Operational index ★ ★**Volunteering skills**

Willing to participate and possessing professional skills

Client

Immigrants or refugees

Project Brief Introduction**Social Issues:
Civilized Trends**

Becoming a public welfare trainer to assist immigrant and refugee communities
Provide learning and training opportunities for immigrants and refugees.

Within 4 months, with just 1 hour per week, you can receive guidance from any convenient location in the city, whether online or by phone.

Provide learning and training opportunities for migrants and refugees

Just 1 hour per week for 4 months, anywhere convenient in the city (online or by phone)





Experiment code :

Operational index ★

Volunteering skills

Willing to participate

Client

Workplace population

Project Brief Introduction

Social Issues:
Civilized Trends

Have a 120 hour career exchange:
I would like to invite you to experience another profession, record the process (such as short videos, hand drawn notebooks, diary copying), and share the feelings brought by the new career.





Experiment code :

Operational index ★

Volunteering
skills

Willing to participate

Client

Workplace population

Project Brief
IntroductionSocial Issues:
Civilized Trends

Visiting companies and promoting the slogan 'Ensuring decent work is a corporate responsibility', we can assist companies in developing employee welfare plans (such as paid annual leave and physical examinations) to promote their participation in social responsibility.





Experiment code :

Operational index ★

Volunteering skills

Willing to participate

Client

Workplace population

Project Brief Introduction

Social Issues:
Civilized Trends

Volunteers showcase a comparison between a good working environment (such as reasonable work schedules, safety measures, and fair compensation) and a poor working environment in shopping malls and communities, advocating for society to value employee rights.





Experiment code :

Operational index ★ ★

Volunteering
skills

Willing to participate

Client

Anyone

Project Brief
IntroductionSocial Issues:
Other Services

We collect innovative ideas from communities, campuses, farms and farming households—such as waste sorting and environmental protection, new types of farm tools, and new ways of preparing agricultural products.

We can help refine research plans, hold project discussions, connect projects with foundations and funding resources, and support the implementation of these ideas.

Community

Community Environmental
Classification Innovation
Mishou Donghai City
Platinum Mansion Docking

Campus

Campus New Farm Tools
Design Innovation Works

Farm

Farm Agricultural Products
New Eating Methods Tasting
Mountain Fresh Buds
New Collection





Experiment code :

Operational index ★

Volunteering skills

Willing to participate

Client

Local residents

Project Brief Introduction

Social Issues: Other Services

We have formed an exploration team with several partners to investigate the local planting, breeding and handicraft industries in various regions. Volunteers can invite experts to provide technical support for residents in need, such as pest and disease control and product design, so as to help enhance the competitiveness of local industries.





Experiment code :

Operational index ★ ★

Volunteering skills

Willing to participate

Client

Traditional handcraft enthusiasts

Project Brief Introduction

Social Issues:
Special Groups

Provide design training for traditional handcraft practitioners (such as weaving, embroidery, pottery), volunteers invite designers to guide, combine traditional crafts with modern aesthetics, and enhance product value.





Experiment code :

Operational index ★

Volunteering skills

Willing to participate

Client

Residents in remote areas

Project Brief Introduction

Social Issues:
Special Groups

In some areas, due to their distance from the central city, local residents may have limited knowledge of new technologies, techniques, and methods of governance in the surrounding areas. We can help them organize experiential exchange activities, as well as participate in environmental protection activities such as throwing and relaying of seed mud balls to help more people understand and assist in the needs and development of these areas.





Experiment code :

Operational index ★

Volunteering skills

Willing to participate

Client

Anyone

Project Brief Introduction

Social Issues:
Other Services

Create a healthy city.

Transform the roof into a green roof. They can improve air quality, increase insulation by 25%, absorb noise, and promote social integration.





Experiment code :

Operational index ★ ★

Volunteering
skills

Willing to participate

Client

Children from impoverished families

Project Brief
IntroductionSocial Issues :
Special Groups

We can provide tiered growth assistance for children from impoverished families, such as enrollment, major application, career planning, and social practice. We can help our partners collect enrollment information, employment information, internship positions, practical projects, and contact schools to achieve the sustainable development goal of reducing educational resource inequality.





Experiment code :

Operational index ★

Volunteering
skills

Willing to participate

Client

Blind and low vision individuals

Project Brief
IntroductionSocial Issues:
Special Groups

Bringing vision to blind and low vision individuals. Connect with blind and low vision individuals through a simple video and provide assistance, whether it's checking expiration dates, distinguishing colors, reading instructions, or adapting to new environments.

Spread information on your social media and invite your friends, family, or colleagues to join.

Helping visually impaired friends starts with understanding

Check expiration dates / Distinguish colors / Read instructions / Adapt to new environments



10 Activities related to special populations

REDUCED
INEQUALITIES



Experiment code :

Operational index ★ ★

Volunteering skills

Experience in serving special groups is preferred

Client

Mental illness, autism, disabled children/adults

Project Brief Introduction

Social Issues :
Special Groups

Engage with special populations and plan fun activities to disrupt your daily life. Find a home or hospital for children and adults with mental illness, autism, or disabilities.

Set up a site that includes fun activities such as cooking workshops, art and crafts, story time, etc. Bring your community together with special populations. This is a great opportunity to establish meaningful meetings between different groups of people who do not naturally gather together.





Experiment code :

Operational index ★ ★**Volunteering skills**

Skilled in expressing and communicating

Client

Anyone

Project Brief Introduction**Social Issues :**
Civilized Trends

By getting to know and discussing various groups of people and ethnic minorities around you.

1. Convene a group to discuss and study your local population.
2. Find a community center or other facility that can host events.
3. Organize group activities or lectures to enhance awareness and tolerance towards people with special needs and minority groups.



10 Rich poor dinner party

REDUCED
INEQUALITIES



Experiment code :

Operational index ★

**Volunteering
skills**

Willing to participate

Client

Anyone

**Project Brief
Introduction**

**Social Issues:
Civilized Trends**

Organize a 'rich poor dinner party' to let more people understand the differences caused by uneven development

Feast of Rich and Poor





Experiment code :

Operational index ★

Volunteering
skills

Handmade

Client

Community residents

Project Brief
IntroductionSocial Issues :
Civilized Trends

Share inspiring notes with your neighbors.

1. Put a surprise note in your neighbor's mailbox, wishing them exciting ideas.
2. Tell your neighbor to pass on an uplifting note to the next neighbor.
3. Create a series of well intentioned notes in your community.





Experiment code :

Operational index ★ ★ ★ ★

Volunteering skills

Site survey for ramp production

Client

Disabled and elderly individuals

Project Brief Introduction

Social Issues :
Legal Services

Slope artifact

If you have friends who use wheelchairs or parents who travel with their children, have you noticed that in urban communities, using wheelchairs and strollers can be really troublesome, and ramps may be difficult to use in addition to being few? You can investigate some areas and set up ramp devices at some folding points in the space, which can facilitate some friends or elderly people who have difficulty traveling to come and play together in the space.





Experiment code :

Operational index ★

Volunteering skills

Handmade

Client

Community residents

Project Brief Introduction

Social Issues:
Culture and art

3D postcard

We can create three-dimensional postcards to create creative chain stories for local community characteristics, discover community features, and use postcards to encourage more people to interact with the community.





Experiment code :

Operational index ★ ★ ★

Volunteering skills

killed in creative design and instructional design ,
Basic Service Lecturer Skills

Client

Community learners

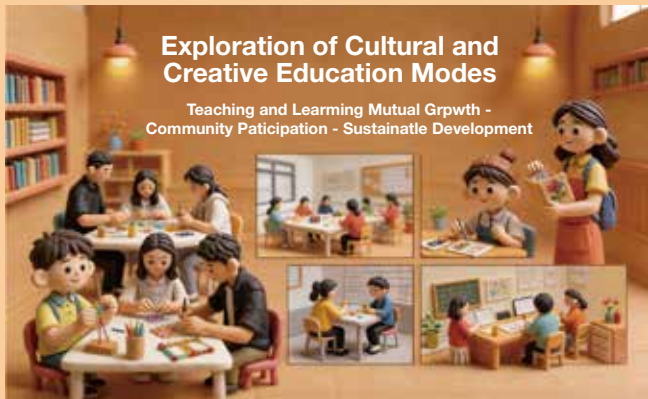
Project Brief Introduction

Social Issues :
Civillized Trends

By perfectly combining cultural creativity, local wisdom, and mutual growth between teaching and learning, and utilizing the talent resources of surrounding students and communities, we aim to explore a replicable and sustainable education model that can be integrated into daily life. Creating a unique community textbook can not only influence local students, but also more learners both domestically and internationally. Enhance everyone's attitude and ability towards lifelong learning.

Exploration of Cultural and Creative Education Modes

Teaching and Learning Mutual Grpwth -
Community Paticipation - Sustainable Development





Experiment code :

Operational index ★ ★ ★

Volunteering skills

Collection, packaging, and cultivation

Client

Community residents

Project Brief Introduction

Social Issues:
Poverty
Alleviation and
Reduction

Build a city garden to add some color to your community! Planting vegetables for everyone to enjoy.

1. Ensure a complete irrigation infrastructure and have someone responsible for taking care of the garden throughout the year.
2. Purchase seeds, soil, and gardening tools.
3. Prepare the area: uproot weeds and old seedlings. If the soil is hard or dry, water it and wait for about 15 minutes.
4. Turn over the soil and prepare the ground.
5. Sow and water!



12 Sustainable Recycling Corner

RESPONSIBLE CONSUMPTION
AND PRODUCTION



Experiment code :

Operational index ★

Volunteering
skills

Willing to be creative

Client

Anyone - Sustainable Living Issues

Project Brief Introduction

Social Issues:
Environmental
Protection

Make your neighbors excited about recycling!

1. Collect several trash cans or boxes and label each one with a recyclable item - paper, plastic, batteries, etc.
2. Place the trash can in a central location near you for everyone to use.
3. Post signs and posters to introduce new recycling bins to your neighbors.
4. Every once in a while, take the contents of the trash can to a recycling factory or contact your municipal authorities to help maintain the trash can in the long term!





Experiment code :

Operational index ★

Volunteering
skills

Willing to be creative

Client

Anyone - Sustainable Living Issues

Project Brief
IntroductionSocial Issues :
Environmental
Protection

Mobile Clothing Laboratory

The exchange and transformation of clothing itself, or the reconstruction of the social attributes contained in clothing by B, challenge existing dress norms and make the aesthetic characteristics of clothing more fluid.

A responds to the issue of sustainable lifestyle
B can be a response to gender and social issues, which is part of expressing ideas.

MobileFashion Lab

Clothing Exchange · Remake ·
Reconstruction of Social Attributes





Experiment code :

Operational index ★ ★ ★ ★

Volunteering skills

Willing to be creative

Client

Anyone - Sustainable Living Issues

Project Brief Introduction

 Social Issues:
Large-Scale
Events

Hundred Home Cloth Plan

In order to promote interaction between neighboring communities, it is possible to link several communities and volunteer resource centers to launch the "Hundred Home Cloth Battle" Love Neighbor Festival and establish community public welfare markets.





Experiment code :

Operational index ★ ★

Volunteering skills

Willing to participate

Client

Anyone

Project Brief Introduction

Social Issues:
Environmental Protection

Showcasing cases of "excessive consumption" and achievements of "rational consumption".

1. Collect materials: such as accumulated idle items, large amounts of packaging waste, second-hand exchanges, old item renovation works, etc.

2. You can participate in planning, exhibition setup, or on-site presentations to enhance residents' awareness.





Experiment code :

Operational index ★ ★

Volunteering skills

Willing to participate

Client

Anyone

Project Brief Introduction

Social Issues:
Environmental
Protection

Contact one or more companies to investigate the ecological protection situation during the production process (such as wastewater discharge and exhaust gas treatment), volunteer to record the links that need to be updated and upgraded, communicate with the companies, and assist the environmental protection department in promoting dynamic upgrading of the companies.

International Corporate Ecological Protection Research

Wastewater discharge
treatment needs upgrading

Exhaust gas purification
equipment to be updated

Upgrading plan has
been formulated

Promote dynamic
upgrading





Experiment code :

Operational index ★**Volunteering skills**

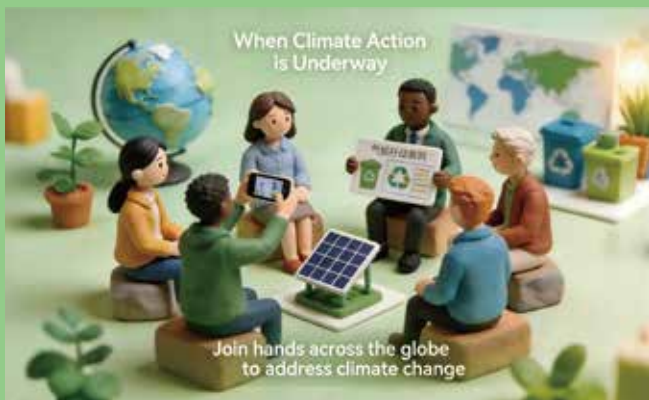
Willing to participate

Client

Teenagers

Project Brief Introduction**Social Issues:**
Environmental Protection

Participants shoot short videos to popularize climate knowledge (such as greenhouse effect, carbon neutrality), showcase climate action cases (such as solar energy applications, garbage classification), and spread them on social media platforms.





Experiment code :

Operational index ★ ★

Volunteering skills

Willing to participate

Client

Anyone

Project Brief Introduction

Social Issues:
Environmental
Protection

Inviting meteorological experts and environmentalists, we can organize seminars and workshops to explain the importance of climate action (such as low-carbon living, afforestation), distribute the "Family Climate Action Handbook" to participants, and create experiential games to attract more attention from the public.





Experiment code :

Operational index ★**Volunteering
skills**

Willing to participate

Client

Enterprise

**Project Brief
Introduction****Social Issues:**
Environmental
Protection

Organize “Car-Free Day” and cycling activities, promote green travel in communities and enterprises, provide bus route planning and shared bike usage guidance, and reduce carbon emissions.





Experiment code :

Operational index ★

Volunteering skills

Willing to participate

Client

Enterprise

Project Brief Introduction

Social Issues:
Environmental
Protection

To provide low-carbon transformation suggestions for enterprises (such as replacing energy-saving equipment and optimizing production processes), participants can contact energy-saving technology companies to assist them in calculating the carbon reduction emissions after transformation.





Experiment code :

Operational index ★

Volunteering skills

Willing to participate

Client

Anyone

Project Brief Introduction

Social Issues:
Environmental
Protection

Occupy the entire stadium and invite 600 people for an offline starry sky experience.





Experiment code :

Operational index ★

Volunteering
skills

Willingness

Client

Anyone

Project Brief
IntroductionSocial Issues:
Environmental
Protection

Clean up the local beach and spend a pleasant day with friends in the sunshine.

Find the nearest beach to you.

Bring a few friends, a garbage bag, and gloves
Pick up any trash you see on the shore and
make your visit, your friends, and others there
happier!





Experiment code :

Operational index ★

Volunteering skills

Willingness

Client

Anyone

Project Brief Introduction

Social Issues:
Environmental
Protection

Participate in or initiate the planting of mangroves on the beach, learn mangrove planting techniques, develop planting and post maintenance plans, and participate in implementation to understand the role of mangroves in protecting the coast and conserving marine life.





Experiment code :

Operational index ★

Volunteering skills

Willingness

Client

Anyone

Project Brief Introduction

Social Issues:
Environmental
Protection

Collaborate with environmental protection agencies to collect water samples from rivers and lakes, monitor water quality (such as pH value and dissolved oxygen), record species of aquatic organisms (such as fish and aquatic plants), and evaluate ecological conditions.





Experiment code :

Operational index ★

Volunteering skills

Willingness

Client

Anyone

Project Brief Introduction

Social Issues:
Environmental Protection

Invite several volunteers to gather at coastal ports and fishing boats to learn about the regional garbage disposal situation, promote standardized methods for handling ship garbage (such as plastic and oil pollution), assist ships in equipping garbage collection equipment, and prevent garbage from entering the sea.





Experiment code :

Operational index ★ ★ ★

Volunteering
skills

Willingness

Client

Anyone

Project Brief
IntroductionSocial Issues:
Environmental
Protection

Record a song for marine creatures
When traveling to the oceanarium, taking a walk by the seaside, or diving for exploration, record the sounds in the ocean. Various beautiful creatures, wonderful sounds, and special symphony orchestras allow us to appreciate their unique music.





Experiment code :

Operational index ★

Volunteering
skills

Willing to participate

Client

Birds

Project Brief
IntroductionSocial Issues:
Environmental
Protection

Place small bird houses around the local area

1. Build a birdhouse with a few friends using wood.
2. Decorate them by coloring them and creating pictures or patterns.

Place the birdhouse around your community or in a local park!





Experiment code :

Operational index ★

Volunteering
skills

Willing to participate

Client

Terrestrial organisms

Project Brief
IntroductionSocial Issues:
Environmental
Protection

Investigate the types of the flora and fauna (such as birds, insects, and plants) in urban parks and communities, produce a "Handbook of Urban Biodiversity" and short videos, and promote the importance of urban ecological protection.





Experiment code :

Operational index ★

Volunteering skills

Willing to participate

Client

Wetland ecology

Project Brief Introduction

Social Issues:
Environmental Protection

Planting local aquatic and wetland plants (such as reeds and calamus) in degraded wetlands ,the project allows you to participate in planting and maintenance, and understand the role of wetlands in terrestrial ecology (such as conserving water sources and providing habitats for animals).





Experiment code :

Operational index ★

Volunteering skills

Willing to participate

Client

Rare animals and plants

Project Brief Introduction

Social Issues:
Environmental
Protection

In the habitats of rare animals and plants such as giant pandas and yew trees:

- 1.Assist researchers in conducting inspections.
- 2.Record traces of species activity (such as feces, footprints).
- 3.Identify hidden dangers of poaching and illegal logging.





Experiment code :

Operational index ★

Volunteering skills

Willing to participate

Client

Wildlife

Project Brief Introduction

Social Issues:
Environmental Protection

Research the migration routes of wild animals (such as bird migration and animal migration), record threats along the migration routes (such as road barriers and habitat destruction), and organize the information into a report to promote route protection.





Experiment code :

Operational index ★ ★

Volunteering skills

Willing to participate and communicate effectively

Client

Community residents

Project Brief Introduction

Social Issues:
Civilized Trends

Design a good deeds wall for your community and organize public welfare partners to participate.

1. Find a strategic and visible place in your community.
2. Prepare a table with colored cards and pens on it.
3. Write a signboard on the mural that reads: "What are you going to do today to make the world a better place?"
4. Arrange a date and time for people to take their notes and post them on the bulletin board.
5. Enable your community to participate in the program.
6. Organize notes and post them on the wall, they will showcase how small efforts to do good can turn into greater positive impacts!





Experiment code :

Operational index ★**Volunteering
skills**

Willing to participate

Client

Teenagers

**Project Brief
Introduction****Social Issues:
Civilized Trends**

Plan activities related to peace issues such as "Peace Painting" and "Peace Speeches" for students, which can explain the dangers of war and the importance of peace, and cultivate students' awareness of peace-loving.





Experiment code :

Operational index ★

Volunteering skills

Willing to participate

Client

Anyone

Project Brief Introduction

Social Issues:
Civilized Trends

You can join the group to promote the disclosure of work processes and fund usage related to community service centers, public welfare organizations, and public affairs:

1. Organize public information.
2. Supervise the public disclosure situation and safeguard the public's right to know.





Experiment code :

Operational index ★

Volunteering skills

Willing to participate

Client

Anyone

Project Brief Introduction

Social Issues:
Civilized Trends

Gratitude for Nonviolent Communication and Poetry Creation.

When we hear others thanking us, we may feel moved and awkward because we don't know if we are really that good, worry about losing the appreciation of others in the future, and even worry that others will have expectations of us, especially when teachers or leaders try to improve our learning and work efficiency through praise. It's better to try using nonviolent communication to express gratitude. We only thank others for their actions, not for any reward.





Experiment code :

Operational index ★ ★ ★

Volunteering skills

Willing to participate

Client

Anyone

Project Brief Introduction

Social Issues:
Civilized Trends

Establish a large-scale charity day market to provide information and methods for participating in various non-governmental organizations in the community.

Establish a non-profit exhibition in the central location.

Invite various organizations to set up information kiosks on various topics such as improving the status of individuals with special needs, empowering women, and mental rehabilitation.





Experiment code :

Operational index ★ ★ ★

Volunteering skills

Willing to participate

Client

Anyone

Project Brief Introduction

Social Issues:
Legal Services

Establish a pop-up library and invite your community to donate and collect books. A great way to meet other readers!

Find a community that doesn't have a library, but has facilities or free space that can be turned into a library. If this place needs major repairs - painting, repairing, cleaning, and/or equipment - please request donated materials and recruit volunteers to help.

Arrange a storage space for the collected books. Encourage community members to donate old books. Celebrate the launch of the library with the community. Celebrate for children with an interesting story time.





Experiment code :

Operational index ★ ★

Volunteering skills

Willing and able to communicate effectively

Client

Anyone

Project Brief Introduction

Social Issues:
Civilized Trends

Build your own positive vision wall and share your vision for a better tomorrow!

1. Find an empty wall in a public place - or if you can't find a large board to use - use this as inspiration!
2. Place cards and pens on a table for everyone to use
3. Write down a sign that reads: "Write down your vision for a better future!" or "What are you going to do today to make the world a better place"
4. Let everyone fill them out and hang them on the wall, showing how their small good deeds can add up to become a beautiful big thing!



17 Cross regional linkage service

PARTNERSHIPS FOR
THE GOALS



Experiment code :

Operational index ★ ★

Volunteering skills

Willing and able to communicate effectively

Client

Anyone

Project Brief Introduction

Social Issues:
Civilized Trends

Participate in activities carried out by volunteer teams in different regions (such as joint tree planting and cross regional second-hand goods exchange), help coordinate time and resource allocation, and promote regional cooperation.





Experiment code :

Operational index ★ ★

Volunteering skills

Course Professor, Project Introduction Special,
Volunteer Service Experience or Skills

Client

Anyone

Project Brief Introduction

Social Issues:
Other Services

Enrich one's life through volunteer service.
Join the Volunteer Service Center and create your
volunteer profile.
Stay connected in fields such as health and medicine,
education, and community building, right in your own
home.
Search for various virtual volunteer service
opportunities and find your perfect match!





Experiment code :

Operational index ★ ★

Volunteering skills

Willing and able to communicate effectively

Client

Anyone

Project Brief Introduction

Social Issues:
Civilized Trends

Invite some experienced people to share successful cases of global sustainable development (such as waste sorting abroad and regional economic growth models of sustainable development), create science popularization materials, and promote them in communities and schools.





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